

## How to Teach

**First**, determine what you want to use or have your dog focus on

Be sure your dog is onboard with what you pick: *If your pup hates toys, don't try to get him to love one for this, instead work with something they really love. Or if you have a dog that cannot look away from something intimidating, don't ask them to look at you.*

Then -

- 🐾 show them what you want
- 🐾 encourage them to do it
- 🐾 reward them when they do do it
- 🐾 practice – a lot, like 200+ times (*and remind when needed*)
- 🐾 acknowledge with a treat on occasion



pranaDOGS Behavior & Rehabilitation Center, is a not-for-profit canine training facility located just outside of Durango, CO.

We work with Shelters and Rescues to help dogs who need a bit more time and attention than a typical organization can provide.

# Dogs Rock!



pranaDOGS

10 Town Plaza #101  
Durango, CO 81301  
[www.pranaDOGS.org](http://www.pranaDOGS.org)



## GO-TO BEHAVIORS FOR YOUR DOG



MANAGEMENT STRATEGIES  
TO HELP YOUR DOG COPE  
WITH EVERYDAY LIFE

## PUPPY PACIFIERS

These handy toys work terrific for dogs with different issues. In reality, it's just a toy that's attached to the dog's collar so it's available at all times.



We use infant toys; small stuffed animals made to clip to a kid seat, but instead, we clip it to a pup's collar.

Works great for dogs who have a lot of anxiety and need something to do with it, or for those dogs who are over-the-top (have a lot of energy) and get excited on walks.

Always supervise your dog when they have these.

## TEACH YOUR DOG TO ACT APPROPRIATELY IN DIFFERENT SITUATIONS

**Safe Spot** – A favorite for shy or anxious dogs! Here we teach your dogs to come next to your leg when they get upset.  
Works great on leash or in the home!

Initially you'll need to encourage your dog to come next to you, but with the right association your pup will quickly pick up this behavior on their own and can use it to cue you into their anxiety.

**Get your ball or Get your toy**  
Here we're giving dogs something specific to do with their mouths - and chewing on a toy often helps to stop barking!

Great for dogs who come on too strong, who bark or get overly excited when people come over.

Have your dog go get a toy or ball and engage with it. For best results, use one specific toy/ball.

**Go to your place** – here we're teaching the pup to go to a specific place or location. For best results, be sure your pup can see what's going on when they lay down.

