

HOUSETRAINING 101

Housetraining is easy if you set yourself up ahead of time and commit to being disciplined. It doesn't take long – if you're consistent and disciplined but it does require a couple of key ingredients.

Be sure to thoroughly clean up any areas the dog goes in (clean beyond the area you notice soiled). Always use a product specific for urine - otherwise your pup will be drawn to go back to the area!

Until housetrained your dog is in 1 of 3 places – **at all times**

- With you and you're paying attention if they circle or squat
- In a place they can go to the bathroom (outside)
- Confined to an area of the house (crate/laundry room, etc)

If you catch them in the act, interrupt them and stand outside with them until finished. If you don't catch them let it go, it's too late to get any info across.

General rule: the pup can hold their bladder the number of months they are old plus 1; so a 4-month old pup can typically hold their bladder 5 hours.

pranaDOGS Behavior & Rehabilitation Center, is a not-for-profit canine training facility located just outside of Durango, CO.

We work with Shelters and Rescues to help dogs who need a bit more time and attention than a typical organization can provide.

Dogs Rock!



pranaDOGS

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ADOPTING A PUPPY?



Be ready for a
part-time job
that lasts for at least 6-12
months – no days off, no
sick days – rain, shine,
snow, or 100☀

YOUR #1 PRIORITY IS TO SOCIALIZE YOUR PUPPY

Puppies grow up quickly! By 6mo old your puppy is similar to a 15yr child. It is SO important that they get safely exposed to the world during those first few months. An unsocialized dog can be fearful and reactive. And once those first few months have passed, there's no way to make them up.

Below is a short list of ideas on how to expose/socialize your puppy. Include regular people and activities that are specific to you and your lifestyle. And be sure to practice in different weather conditions and at different times of day. Note: this is NOT the time to visit common area where unvaccinated puppies may be.

Be sure your pup walks on
different surfaces, including:

Stairs	Escalators
Tile floors	Marble floors
Asphalt	Concrete
Gravel	Grass
Sand	Rocks
Carpet	Wood

Be sure your pup hears
different sounds, including:

Sirens	Diesel engines
Fireworks	Motorcycles
Gunshots	Skateboarders
Car horns	Door bells
Traffic	Vacuum
Thunder	Appliances
Train whistles	Diff music

Be sure your puppy interacts with
different types of people, including:

Men! esp those with beards, hats, sunglasses, helmets, in uniforms, of different ethnicities, etc
Big and small men and women
People with canes, crutches, wheelchairs
Kids! Babies, toddlers, young adults

Be sure to interact with
your puppy, including:

Holding them	Clipping their nails
Touching	
their paws	each toe
their teeth	their tails
their ears	their collars
between each pad	their backend



POSITIVE EXPERIENCES ARE A MUST!

If your puppy gets upset or scared, take a knee and be there for them or get distance from the thing that scares them – then come back a bit later to end on a positive note.