

#1 STOP IT FROM HAPPENING

If you've ever struggled with a dog who jumps to say hello, chances are you've heard one or more of the following:

"Oh I don't mind, I love dogs"
"It's okay, he just smells my dogs"
"Dogs love me"

These people are encouraging and positively reinforcing your dog for ignoring you and for doing the exact opposite thing then you've been training them to do.

Don't let it happen!

If you can, step on your dog's leash at a point where they can sit or lay down but not jump. If this isn't possible, get distance and tell the people you've been working on the jumping. People can be a positive reward for dogs – *if the dogs behave appropriately.*

Some dogs bounce repeatedly to get to your face. Often, the best way to handle these dogs is to straighten your arm and hook a finger in their collar, this will help control them so they don't pop up and get you.

pranaDOGS Behavior & Rehabilitation Center, is a not-for-profit canine training facility located just outside of Durango, CO.

We work with Shelters and Rescues to help dogs who need a bit more time and attention than a typical organization can provide.

Dogs Rock!



pranaDOGS

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HELP! MY DOG WON'T STOP JUMPING



STRATEGIES TO STOP YOUR DOG FROM JUMPING ON YOU AND OTHERS



CRAZY FEET

If your dog jumps (or nips your ankles) when you're walking, the best way to overcome this is to preform *Crazy Feet*.

As you walk, your feet become unpredictable; sometimes they kick backwards or out to the side. Sometimes you march or skip or go sideways.

Do it softly, this isn't about pain but about surprising the nipping and/or jumping puppy.

Note: this exercise is not for those of you with two-left feet!

WHAT TO DO WHEN YOUR DOG JUMPS

If your Dog Jumps

When people come to your home

Ask them to wait a second while you get a leash on your dog. Then step on the leash at a point where they can sit or lay down but not jump. When your dog settles down, have the visitors pet them as their reward.

Another option is to have the dog settle in a calm place until the visitors come in and settle themselves then the dog comes out and says hello.

At mealtimes

Either have your dog lay on their bed until their food is set down or put a leash on them before getting the food then step on the leash so they can't pop up.

When its playtime in the house

Playtime can get some dogs very excited. Be sure to interrupt before the dog gets caught up in the activity often giving them something else to do helps.

When you're out walking

Stop walking and ask the dog to Sit or Circle or do something – anything – else with their excitement. Take a second to get them focused back on you.

WHAT'S YOUR WORD?

Give your dog a word to remind him/her to keep 4-feet on the floor:

“Settle” • “Easy” • “4-on-the-floor”