

What Type of DOG do you have?



Determine the Best
Training Strategy for your
Particular Dog

pranaDOGS Behavior & Rehabilitation Center, a not-for-profit canine training facility located just outside of Durango, CO works with shelters and rescues to help dogs who need a bit more time and attention than a typical organization can provide.

Dogs Rock!



pranaDOGS

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Man's Card vs Woman's Card

We've all seen it - a woman will ask a dog to sit repeatedly, then a man will say 'sit' one time and the dog will immediately oblige. Or a dog will be terrified of a man but give complete trust to a woman.

Men and Women are two sides of the same coin. Dogs naturally respect men and they trust women.



Shy, nervous, scared dogs bond much quicker to women. Women typically speak softer, talk in baby-talk to dogs, give them deep-tissue massages and are often more aware of the animals.

While men tend to be more no-nonsense, they don't carry on with dogs as women often do and they can be unpredictable to the dog (waking up, picking up, yelling at the television, etc)

Soft dogs need to gain trust (Woman's card) while Over-the-Top Dogs need to respect the people they're around (Man's card)

What Type of Dog do you have?



Shut Down, Overly fearful	Shy, Nervous, Fearful, Timid	Practically Perfect	High Volume, Excitable	Highly Reactive, Out-of-Control
<p>Need to build trust with these dogs</p> <p>Routines are key with as little stress and chaos as poss</p> <p>No Motivation = No Training</p> <p>GOAL </p>	<p>Use woman's card</p> <p>Focus on confidence building</p> <p>Celebrate small wins</p> <p>Add challenges slow and steady</p> <p>Lots of patience</p> <p>Use repetition as your correction</p>	<p>Follow typical training guidelines</p> <p>Vary treats</p> <p>Most Practically Perfect dogs lean a little towards Green or Orange, use that as your indicator of which way to lean in your training</p>	<p>Use man's card</p> <p>Try to practice calm, confidence</p> <p>Repeat the Basic's to help calm them</p> <p>Use low-volume treats (kibble) – vary early</p> <p>May need to repeat yourself in beginning</p> <p></p>	<p>Use man's card</p> <p>Will need to repeat yourself with these guys</p> <p>Calm Confidence is a must!</p> <p>Slow, calm petting</p> <p>No treats</p>

1. Identify the Type of Dog you have
2. Identify the Training styles and behaviors needed to suit their individual needs
3. If you have more than one dog, train them individually then practice (and manage) together
4. Mark and Reward (say Yes! and treat) your dog anytime they do something you want them to repeat – the volume of your Yes! depends on your pups color

Man's card – ask for behavior and follow-up the ask immediately (go to your serious voice), recognize good behavior but don't gush

Woman's card – lots of praise, acknowledgement, reassurance, and patience (you can gush here) lots of touching, petting and massage works well also

Note: Colors follow Joel Silverman's *What Color is your Dog*

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